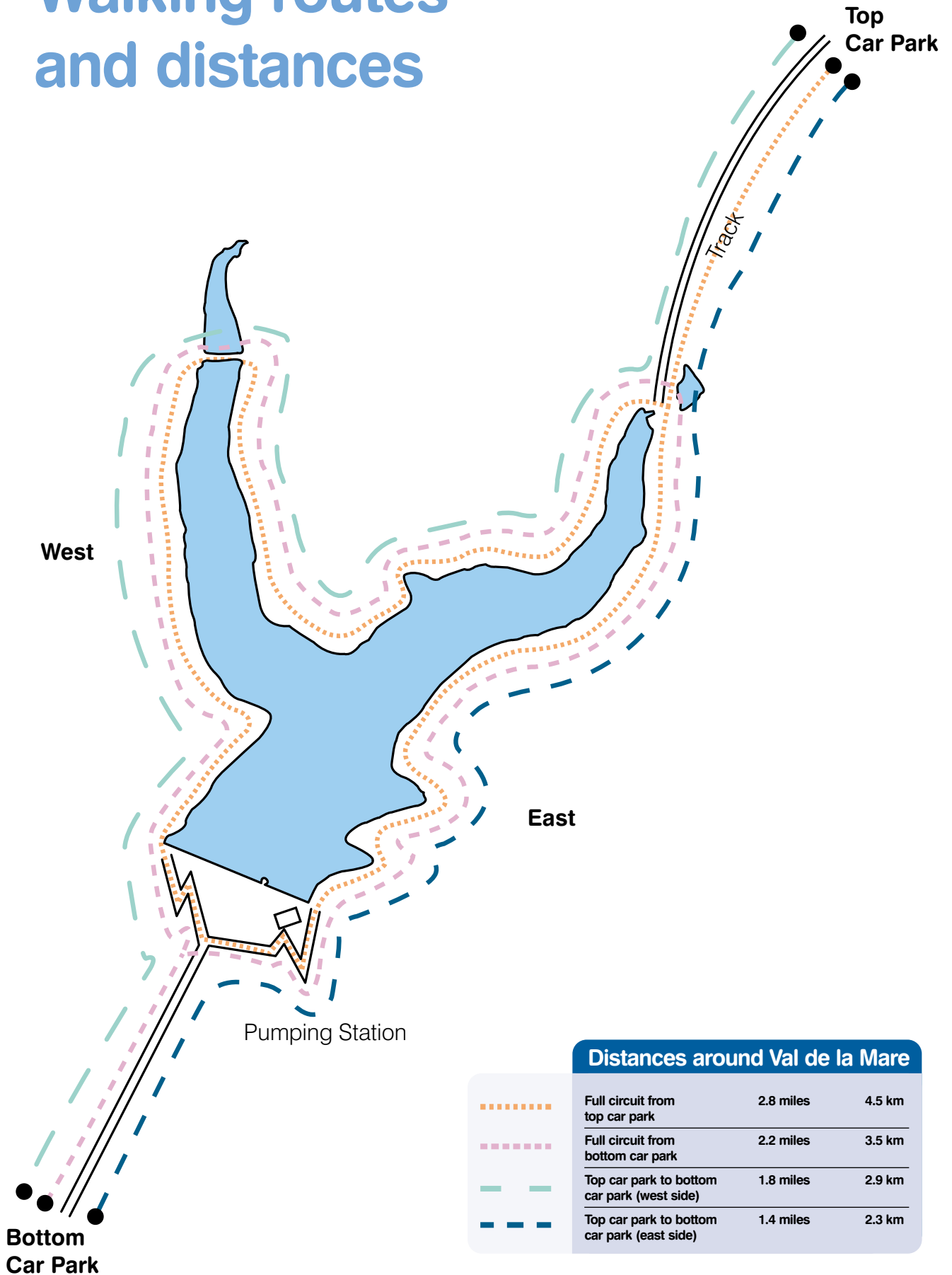


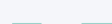



Walking routes and distances



Distances around Val de la Mare			
	Full circuit from top car park	2.8 miles	4.5 km
	Full circuit from bottom car park	2.2 miles	3.5 km
	Top car park to bottom car park (west side)	1.8 miles	2.9 km
	Top car park to bottom car park (east side)	1.4 miles	2.3 km